

# Behind the Screen: Al and the Ethics of Social Media Algorithms

## Why?

This lesson addresses the intersection of technology and ethics, a rapidly growing area of importance in our digital world. By exploring the use of AI in social media, it helps students understand and critically evaluate how their online experiences are shaped, fostering digital literacy and responsible online behavior. The discussion of ethical dilemmas in AI use encourages students to develop their ethical reasoning and decision-making skills, essential in navigating today's technology-driven society. Moreover, this topic is highly relevant and engaging for students, as it directly relates to their everyday use of social media, making the learning experience both meaningful and relatable.

Materials Needed	Time needed
Handout of simulation scenario cards, cut into numbered slips	Approximately 60 minutes

## Objectives

- Students will be able to identify and explain the key functions of AI algorithms in social media platforms and how they impact user experience.
- Students will be able to analyze real-world examples of AI use in social media, identifying both the positive and negative implications on users and society.
- Students will be able to evaluate the ethical considerations and challenges involved in the use of AI in social media.
- Students will be able to articulate their perspectives on the responsibilities of social media companies in managing AI ethically.
- Students will be able to engage in critical discussions and debates about the balance between technological innovation and ethical responsibility

## Key Concepts & Vocabulary

- Artificial Intelligence (AI): The simulation of human intelligence processes by machines, especially computer systems, including learning, reasoning, and self-correction.
- Algorithm: A set of rules or instructions given to an AI system to help it make decisions or solve problems.

#### **Lesson Components**

- Before You Watch: Connect lesson to background knowledge of algorithms and get students' attention
- 2. **Video**: Show the pedagogy.cloud video explaining the ethical considerations in the topic of social media algorithms.



- 3. **Case Study**: Detail a real-world scenario that makes the issue relevant to students, based on a teenager who gets bombarded by unhealthy social media posts .
- Simulation: Lead students through an interactive activity exploring the possible ethical considerations faced by a company deciding what content to allow on their platform.
- 5. **Discussion**: Ask whole-class questions to reflect on experience and consider perspectives.
- 6. **Assessment**: Verify student understanding with an exit ticket

#### 1. Before You Watch

**Quick Poll**: Ask for a show of hands asking how many students have experienced seeing repeated types of content on their social media feeds and whether they think it's coincidental or intentional.

**Quick Share**: With a nearby student, ask, "Imagine if your social media feed suddenly started showing you content that you didn't agree with or made you uncomfortable. How would you react?"

**While You Watch**: Mention these topics and questions for students to look out for as they watch the video:

- 1. Define algorithm
- 2. How do algorithms impact the content you see online?
- 3. What is a social media "echo chamber"?

#### 2. Video Summary

The video explores the ethical challenges of AI use in social media, highlighting how algorithms personalize content but can also lead to issues like echo chambers and privacy concerns. It touches on real-world examples where AI's influence on social media has had significant impacts, both positive and negative. The video emphasizes the importance of balancing technological benefits with ethical considerations, particularly regarding user safety and data privacy. Finally, it encourages viewers to think critically about their interactions with social media and the role of companies in ensuring ethical AI practices.

### 3. Case Study

## Distribute or read Case Study handout.

Summary: A high school student becomes increasingly exposed to content about extreme dieting and fitness on a social media platform, leading to negative changes in her behavior and health. This shift is attributed to the platform's AI algorithms creating a feedback loop based on her engagement with such content. The situation sparks debate about the platform's ethical responsibility in content personalization, especially for impressionable young users, with public outcry demanding greater transparency and regulation of social media algorithms.



#### 4. Simulation

- Divide the class into small groups (4-5 students per group There may be benefit in having odd numbers in the groups so votes can't be tied).
- Each group represents an "Ethics Committee" for a fictional social media platform (inspired by the case study of "UConect").
- (Optionally) assign roles within each group: CEO, AI Engineer, Marketing
  Director, User Representative, and Ethics Advisor. These roles could be used to
  give students individual goals to pursue in discussion. The roles would each
  have their own perspective on what types of content should be allowed or
  blocked.
- Provide the groups with the scenario cards in the Simulation handouts that describe different types of posts and scenarios about which the committee has to make a decision. After each scenario, have students discuss the potential outcomes of allowing or blocking the content.
  - Discussion should focus on finding a balance between ethical considerations and the platform's interests.
- After the scenario is read, have the students in each group vote on whether they would allow or block the content. Have them record their votes. Encourage them to vote one way or the other.
- After the scenarios are all read, and all votes taken, go through the scenarios one at a time and ask each group to share their decisions and the reasoning behind them with the class.
  - Encourage students to reflect on the challenges of making ethical decisions in a corporate environment.

#### 5. Discussion

These questions are designed to be used in whole-class discussion. Ask questions that relate most effectively to the lesson.

- 1. How do you think the decisions made in your group's simulation would impact the overall user experience on a social media platform?
- 2. Which ethical considerations did you find most challenging to address in your group discussion?
- 3. How do you think Al-driven personalization on social media affects your daily life and the way you view the world? Do you believe it has more positive or negative impacts on users, especially people your age?
- 4. What ethical responsibilities do social media platforms have when it comes to the content their AI algorithms promote?
- 5. Should there be limits to what is shown, even if it's popular among users?
- 6. If you were in charge of a social media platform, how would you balance the benefits of AI technology with ethical considerations?

#### 6. Assessment

**Exit Ticket**: Provide a prompt for students to reflect on their learning, such as:

• What is one new thing you learned today about how AI algorithms work in social



- media, and how does it change your perspective on your daily social media use?
- In your view, what is the most significant ethical challenge presented by AI in social media, and why do you think it is important to address?
- How can the knowledge you gained today about AI and ethics in social media be applied in your own online behavior or future technology use?

#### **Sources to Learn More**

- Psychiatrists discuss social media algorithms and mental health -<a href="https://hai.stanford.edu/news/psychiatrists-perspective-social-media-algorithms-and-mental-health">https://hai.stanford.edu/news/psychiatrists-perspective-social-media-algorithms-and-mental-health</a>
- Facebook whistleblower congressional testimony about algorithms -<a href="https://www.npr.org/2021/10/05/1043377310/facebook-whistleblower-frances-haugen-congress">https://www.npr.org/2021/10/05/1043377310/facebook-whistleblower-frances-haugen-congress</a>
- The good, the bad, and the ugly of social media algorithms -<a href="https://www.fastcompany.com/90761087/inside-the-good-bad-and-very-ugly-of-social-media-algorithms">https://www.fastcompany.com/90761087/inside-the-good-bad-and-very-ugly-of-social-media-algorithms</a>
- Description of how social media algorithms manipulate people https://bigthink.com/the-present/social-media-algorithms-manipulate-you/
- Explanation for how different social media sites' algorithms work https://blog.hootsuite.com/social-media-algorithm/



# Case Study: Social Media Algorithms

Emily, a 17-year-old high school student, has been an active user of (fictitious social media app) UConect for over two years. Initially, she used the platform to keep in touch with friends and follow her interests in photography and travel. However, over time, she noticed a shift in her feed. The platform began to show her an increasing amount of content related to extreme dieting and fitness regimes. Intrigued and influenced by what she saw, Emily started engaging with this content more frequently.

Emily's increasing interaction with such content led the algorithm to show her even more related posts, creating a feedback loop. Over time, this exposure contributed to a noticeable change in Emily's behavior. She became overly concerned with her body image and started following unhealthy dieting practices, impacting her physical and mental health.

Her parents, upon realizing the change, traced the issue back to the kind of content Emily was exposed to on UConect. They raised concerns with the platform, questioning the ethics of personalizing content in a manner that could harm young, impressionable users.

Company executives for UConect deflected blame for this and other claims. They say that AI-driven personalization is crucial for the platform's success. It increases user engagement and satisfaction, which are key to the app's growth. They also stated that users have an individual responsibility in how they interact with the platform, pointing to features and settings that allow users to control their experience, such as adjusting privacy settings and reporting harmful content.

When this story was covered by news sources, the public expressed concerns about the ethical implications of social media platforms personalizing content, especially when it affects minors. The public called for greater transparency in how algorithms work, and more control over content. They also would like to see more regulation of content on social media platforms.

#### Questions

- After hearing the case study, how do you think personalized content on social media platforms can impact users, particularly those of your age group?
- In your opinion, where should the line be drawn between the responsibility of social media platforms and the responsibility of users in managing the impact of Al-driven content?



# Simulation: Scenario Cards

#### Scenario 1:

Content Curation and Mental Health

**Issue**: The AI algorithm has promoted a series of posts advocating for an extreme "zero-carb" diet, which has become highly popular among teenagers. However, health experts have raised concerns about its potential harm to young users.

**Challenge**: Decide whether to continue promoting the "zero-carb" diet content based on its popularity or to limit its visibility due to health concerns.

#### Scenario 3:

Data Privacy and Targeted Advertising

Issue: A new advertising campaign for a teen-focused fashion brand uses detailed user data (like recent search history for fashion blogs and geolocation tags from malls) for targeting. This campaign is highly successful but has sparked debate over invasive data practices.

Challenge: Decide whether to continue the highly targeted ad campaign, which has shown increased sales for the fashion brand, or to scale back on data usage to address privacy concerns of users.

#### Scenario 2:

Echo Chambers and Political Polarization

**Issue**: A political post advocating for a highly controversial immigration policy has become extremely popular, leading to an intense echo chamber. Users who engage with this post are seldom shown opposing viewpoints, leading to increased polarization.

**Challenge**: Decide whether to adjust the algorithm to introduce more diverse political content, including counterarguments to the immigration policy, at the risk of reducing user engagement, or to maintain the status quo.

#### Scenario 4:

Misinformation and Fact-Checking

**Issue**: A viral post claims that drinking lemon water can significantly boost the immune system to prevent common colds, a claim not supported by medical evidence. While not harmful, this post misinforms users about health.

**Challenge**: Decide whether to remove the post for spreading misinformation about health or to allow it to remain on the platform, respecting users' freedom to share non-harmful home remedies.

#### Scenario 5:

Al Bias and Discrimination

**Issue**: An analysis has shown that the AI algorithm is 30% less likely to recommend content from minority creators compared to similar content from other creators. This disparity has raised concerns about algorithmic bias against minority groups.

**Challenge**: Decide whether to implement an AI adjustment that would actively promote minority creators' content, potentially impacting the organic nature of content recommendations.



# Video Script for Animator

Hello Young Innovators! Today we're discussing the ethics of social media algorithms Title screen

Welcome to our exploration of AI and Ethics in Social Media. Today, we're diving into a world where technology is a part of our daily lives. Have you ever wondered how social media knows just what you like? Let's find out.

[Opening Scene: Socrat narrates facing viewer throughout. Animation of a digital world, social media icons floating around. Example Image: https://www.pngkit.com/png/full/402-4027753\_social-media-platforms-such-as-facebook-twitter-and.png]

AI, or Artificial Intelligence, is like a computer brain used by social media to make decisions. It decides what posts you see, what users to suggest you contact, and even what ads pop up. But sometimes, these AI decisions can create real-world issues, like in the case of some users being shown harmful content.

[Scene Transition: Socrat holds up cell phone, viewer sees screen, and then zoom through screen to see AI algorithms represented by gears and code running in the background. Example Image:

https://www.vecteezy.com/vector-art/2756263-automation-software-background-gears-icons-made-with-binary-code-iot-and-automation-concept-digital-binary-data-and-streaming-digital-code-matrix-background-with-digits-1-0]

First, let's understand how AI works. Imagine a librarian who knows your favorite books. AI in social media is like that but for online content. It watches what you like or share, then shows you more of that. This information creates AI algorithms, which are a set of rules that tell the app what content to show you next.

[Animation of a robot looking through a rack of posters, representing AI sorting through social media posts. Pulls one out and holds it up. Example image: https://i.imgur.com/HZwfcS8.png]

Al can be extremely helpful. It helps you find friends with similar interests all over the world, and it shows you content you care about. That's the good side.

[Image of happy users engaging with content – Socrat standing at end of line. Example image: https://alpinecom.net/wp-content/uploads/2020/12/Copy-of-Untitled-Design-5-768x294.jpg]



But it's not all fun and games. Sometimes, AI can create "echo chambers," where you only see things you agree with, or it might show content that's not good for people, especially younger users.

[Camera zooms in on one user, who is getting overwhelmed with repetitive content symbolized as the same images swirling around. Socrat standing next to user. Example Image:

https://cdn.psychologytoday.com/sites/default/files/styles/article-inline-half-caption/public/field\_bl og\_entry\_images/2020-05/shutterstock\_791061004.jpg - Holding cellphone and the same icon keeps swirling around until user gets fed up]

There have been real cases where social media's AI led to issues, such as spreading misinformation, or negatively impacting mental health. This can happen at any time, so It's important to stay informed and critical of what we see online.

[Same user is now surrounded by negative emoji swirling around above them. Socrat standing next to user. Looks over and appears concerned. Example image: https://www.usatoday.com/gcdn/presto/2023/02/14/USAT/05a049c4-8cac-4f66-a5d9-27107e947e e7-Gettylmages-1273300155.jpg - I would suggest it should be darker rather than white background.]

Let's explore the right and wrong of social media AI algorithms. Is it okay for AI to show us only what we like? Even if what we see hurts us? Who decides what's okay to show and what's not?

[Socrat presents balancing scales with cell phones on both sides. Scale tips left and right. Example image: https://i.imgur.com/nEPZwe9.png]

Social media companies have a big role. They need to make sure their AI is fair and safe for everyone. It's a tough job, balancing business goals and taking care of users. Should these companies be responsible for all the content posted in their apps?

[Image of a boardroom discussion. Socrat is one of the people in the meeting. Throughout the scene, different people in the meeting are seen raising their hands, speaking, and standing up (like they are passionately making a point)]

And what about us, the users? We have a part to play too. After all, the only reason content is shown on our phones is because we open the app to view it. How much of the blame rests on us?

[Users interacting with social media on their cell phones. At least 5 people. They should all be looking down at their phones. Some are scrolling. Some are wearing headphones and looking at their phones.]



Al in social media is powerful and can do a lot of good, but it's not perfect. It's up to us to stay smart and safe online, and for companies to keep their Al ethical and user-friendly. Social media companies all over the world are struggling with this balance.

[Socrat holds up a cell phone. On the screen is a robotic face. A lightbulb appears above it, symbolizing good ideas. Example image: https://i.imgur.com/JqitYkL.png]

Both users and companies play a pivotal role in ensuring these tools are used ethically and thoughtfully. As social media continues to evolve, the struggle to maintain this balance will persist, calling for ongoing awareness, discussion, and action to safeguard our digital well-being.

[Socrat takes one last glance at cell phone and then pushes a button to turn the screen off, then puts the phone away in his "pocket."]

Let's discuss: How do you think Al-driven personalization on social media affects your daily life and the way you view the world?

[**Discussion Question**: How do you think AI-driven personalization on social media affects your daily life and the way you view the world?]

Question text appears on screen



# Video Script for Narrations

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